# At Home With





February 2025 Edition

As we stepped into February, the month of love and appreciation, we reflected on the warmth and connection that made our community so special. Whether it was the laughter shared during an afternoon activity, a kind gesture from a caregiver, or the simple joy of a cup of coffee with a friend, these moments reminded us of the love that filled our home.

### February Highlights

Valentine's Day Fun – On February 14th, residents enjoyed a special Valentine's "Cookie" Decorating activity, spreading love and creativity. Earlier in the month, on February 6th, we created Valentine's door hangers, and took a moment to decorate our staff while we were at it!





Music & Entertainment – February was filled with music and joy! We welcomed live performances, including Marty's music on February 5th and 19th, a special Love Songs session with Ross Koning on February 13th, and music by Matt from Heart to Heart Hospice on February 28th.



**Bingo & Games –** Residents engaged in loads of friendly competition with Bingo, Bunco, Uno, Dominoes, a fun Left, Center, Right game, and some Wii Bowling.



Spiritual Gatherings – Bible Study was held on Thursdays, providing meaningful reflection and community connection.

National Caregiver Day – On February 21st, we celebrated the dedication of our caregivers with a surprise pajama day (a favorite of our staff!) and a special gift to recognizing their invaluable contributions.







Nail Care & Self-Care – Residents enjoyed pampering sessions with Nail Care, bringing moments of relaxation and self-care.

Pride in Food Service Week – We honored our amazing dietary staff during Pride in Food Service Week, recognizing their hard work and dedication in creating delicious, nutritious meals for our residents.



National Leadership Day – On February 20th, we celebrated the outstanding leadership within our community, acknowledging the guidance and support that made Hope Landing a wonderful place to live and work.

#### Welcoming Our New Resident

We were delighted to welcome Leotta to our community this month! We are looking forward to getting to know her and making her feel at home at Hope Landing.



Fun Fact of the Month

Did you know that February is the only month that can go without having a full moon? Some years, like 2018, had a "Black Moon February" with no full moon at all!

## Joke of the Month

Why did the calendar break up with February? Because it had too many dates!

## Winter Wellness & Looking Forward to Spring

With colder weather still upon us, it's important we take steps to stay warm and healthy. Dressing in layers, drinking plenty of warm fluids, and staying active indoors can help keep spirits high and bodies comfortable. Remember, even small stretches or a short walk around the community can boost both mood and well-being!

#### Resident Birthdays

A very Happy Birthday to our residents who celebrated this month! We loved celebrating each and every one of you. The Birthday Bash on February 28th was a joyful occasion.



A Heartfelt Thank You

We extended our deepest gratitude to our incredible staff and volunteers who made Hope Landing such a warm and caring place. Your kindness and dedication brightened each day for our residents, and we appreciated all that you did. We looked forward to another month filled with joy, laughter, and connection.

With warmth, The Hope Landing Team

