

Charlotte's Premier Assisted Living Community

## **April 2021**

It's finally April and spring is officially here. Time for getting outside and enjoying the fresh air and soaking up that warm sunshine. Do you have a ritual that you do every year in the spring? Maybe you love to "spring clean" the house or are you more of an outdoor person who loves to dig in the dirt and plant flowers? Or maybe you just love to go for walks and enjoy nature. Whatever you enjoy doing, do it to the fullest and emerge yourself in the beauty of SPRING just like the residents of Hope Landing and The Haven!!





### **Family Visits**

So, as you know visits with family have been going on for a few weeks now and everyone is so happy to see their loved ones. And it has lifted staff spirits to see familiar faces and meet new family members. Things are starting to feel a little more normal now. We ask for your continued patience as we strive to be as quick as possible getting you in to see your loved ones and we thank you for following the guidelines and helping to keep everyone safe.

Again, thank you for putting your faith and trust in Hope Landing and The Haven; to keep you, your family and our staff safe and healthy!!

## **NEWS FLASH!!!**

It has been a long hard year, especially on the ladies and gentlemen who have had to make do with haircuts performed by our staff members. But we are so excited to announce that we have acquired a professional hairdresser for Hope Landing and The Haven!!

Her name is Holly Nevins and we are so excited to have her. Holly is a lifelong resident of Charlotte and some of you may know her grandmother, Wilma Campbell owner of Campbell Dance Studio and the Dancing Deputies. And of course, Holly herself was a Dancing Deputy up until 2006. She is now married and has 2 boys, Camden & Caysen and 2 black labs. Holly has been cutting hair for about 14 years and is very good at it. Please join us in making her feel welcome!











# What's been Happening Birthdays

We celebrated a couple birthdays since our last newsletter! We love celebrating these special days with our residents!!





#### Easter 2021

It was bit of a struggle this year not being able to gather and share the Easter story or play bingo as a group and enjoy a nice Easter snack, but the Easter Bunny didn't miss a beat. And the VFW Women's Auxiliary 2406 got in on the fun too. Special Easter buckets full of sweet treats for everyone!



### **Activities**

We are still enjoying our exercises three days a week and the "hallway" Bingo and Bunco. We recently added a new activity to our agenda – "Drumming".

It has been so much fun beating our "drums" (yoga balls) and trying to keep rhythm with the music. It energizes us, gets us laughing and we even do some chair dancing. If you are a "drumming" fanatic, please share your "Drumming" experience on our Facebook page. We would love to hear your stories.





Faith, Hope, Love
but the greatest of these is love

