



Charlotte's Premier Assisted Living Community

# August 2018

Wow, it's August already! How did that happen? Is it just me or are the months getting shorter every year? I guess the busier you are, the quicker the time goes and we have been pretty busy around here, so it is flying by. Please don't let yourself lose sight of what is important and be sure to share some quality time with family and friends. And you are always welcome here to share a glass of something cold; some memories or just catch up on the latest news. ③ Now, grab your favorite beverage and check all the cool things we've been up to since our last newsletter.

## **Annual Family Picnic**

Our annual Family Picnic was so much fun. Our theme this year was "Broadway" and to get us into the mood, we borrowed some hats for both the ladies and men and some boas for the ladies, from the Charlotte Performing Arts Center and the Charlotte Historical Society. We are so grateful for their generous support. Everybody had a blast trying on the hats and getting their pictures taken. Our event started with some fancy foods fit for the occasion; like Sesame Chicken Bites, Ham and Cheese Cups, Monte Crisco Pinwheels, Bacon Wrapped Smokies and Tiny Chicken Turnovers. Then there was dessert. Oh my gosh, we had Brownie Bites, Mini Eclairs and Peanut Butter Balls. Yummy!!!

Here are some of the photos from our glam shots. You can find more photos of the Family Picnic on our Hope Landing Facebook page!





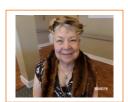




















## Sprucing Up

So, it was a little crazy around here for a couple of weeks while some of our residents got new carpet in their apartments; as well the Activity Center and Med Station. And the offices and conference room got beautiful new wood flooring. Thanks to management for always making things look fresh and new!



Prepping the floor in a resident room before the new carpet.



The Activity Center floor before and after the new carpet. It feels so good under our feet.

We love it!!



#### **Exercise**

Around here we like to stay active, so every Monday, Wednesday and Friday we meet for 45-60 minutes of exercise. Well, maybe 40 minutes of exercise; we do have to catch up on the latest news and happenings you know.



#### **Condolences**

Everyone at Hope Landing ALC would like to extend our deepest sympathies to the family of Garth Day on his passing. Garth was a gentle man with a kind word for everyone he met. We miss you daily Garth. God speed!



